

ב"ה

experience the high holidays

WITH CHABAD OF PALM BEACH GARDENS
SEPT. 29 - OCT. 22, 2019 | 1-23 TISHREI, 5780



Dear Friend,

It is with great pride that we present our annual High Holiday guide. In it, you will find meaningful explanations of the High Holidays in what is the most important season in the Jewish calendar.

It is known that the way we kickstart our year is a telltale sign of what will follow. The High Holiday season is not just a time for introspection and self-reflection, but a time of celebration and community as well. We are proud to offer quality community programming throughout the year, with the High Holidays as a glimpse of the powerful spiritual experience blended with the wonderful camaraderie that is our Shul.

We hope you will enjoy this publication, and consider joining us at any point during the High Holiday season. At Chabad everyone is welcome, no matter their religious, educational or economic background. Our motto is: The doors of heaven are open - and so are ours!

May G-d grant you and yours, together with all our brethren, a healthy, sweet, and prosperous New Year, and may you be inscribed and sealed in the Book of Life.

Shana Tova!

Rabbi Dovid & Chana Vigler

Founders & Spiritual Leaders



SAVE THE DATE

FRIDAY NIGHT LIVE
with the Commander of the Entebbe Raid

Rami Sherman

FRIDAY, NOVEMBER 15 @5:30PM



Did you know that all of the hijack victims of Entebbe had non-kosher mezuzahs?

Have your Mezuzahs checked to ensure safety and prosperity for your family.

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This publication contains sacred writings. Please don't desecrate it. However, it is not considered *shainos*.
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monarchy in a democracy

A basic theme of Rosh Hashanah is the crowning of G-d as king of the universe, and the shofar is like a trumpet blast proclaiming the coronation. Accepting G-d as King means that one's entire being, and all that he has, is the King's alone. We call this kabbalat ol — the "yoke" of heaven — unequivocal commitment to G-d.

Every day of the year contains opportunities for us to express our acceptance of G-d's kingship, as we yield personal inclination to do whatever it is that the King requests of us. We will eat certain foods, do specific things, although we may desire otherwise. We will refrain from those behaviors that we know to be unfavorable in the Kings' eyes. We choose to live in accordance with the desires of our King, even if our intellect or our emotions direct us otherwise.

In our time and society, there is a trend toward increased self-sufficiency and independence, not only in regard to material matters, but in ideological matters as well. People demand to understand and be informed of every detail before changing course or submitting to any authority, even to their detriment. Especially in democratic countries, which are established through self-initiative, this spirit pervades many aspects of personal and communal life. This seems an immense challenge to the very concept of kabbalat ol!

We know that G-d does not demand anything that is beyond us.

We know that G-d does not demand anything that is beyond us. Since accepting the sovereignty of G-d is the essence of Rosh Hashanah (and the basis of all our deeds throughout the year), we know that we can do it! Indeed, there is a special quality to our kabbalat ol.

When a person who is used to limits and lack of freedom accepts something unquestioningly, this isn't so significant; he is used to being told

what to do. However, when a person who does not, as a rule, surrender his independence and his convictions decides to recognize and submit to a higher authority, this decision is made on a much deeper and more fundamental level. This kabbalat ol yields an absolute and undeniable commitment.

This Rosh Hashanah, may we all be able to crown G-d and acknowledge His absolute guidance in everything we achieve.



in preparation

THE MONTH OF ELUL

AUGUST 31 - SEPTEMBER 29, 2019

A lot can happen in a year. Work, school, family, health—some days we flourish, others we flounder. Life moves along *and* promises are forgotten; that connection to G-d we committed to last year shows signs of stress.

Well, thank G-d for a New Year: the “Days of Awe”—Rosh Hashanah and Yom Kippur—are our time to recommit to our Creator.

But renewing a relationship is more than changing a status. To be better partners we've got to be better people and self-improvement takes hard work, commitment and consistency. New habits need time to take root.

The Jewish month of Elul is that time before the New Year to review our deeds and spiritual progress of the past year. It is the open season for *tshuvah* (return to G-d), prayer, charity and increased love for a fellow man.

Chassidic master Rabbi Shneur Zalman of Liadi likened the month of Elul to when “the king is in the field”. In contrast to when G-d is in His royal palace, during this month, “everyone who desires is permitted to meet Him, and He receives them all with a cheerful countenance and shows a smiling face to them all.”

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ELUL CUSTOMS

& PRACTICES:

- Have a certified scribe check your **Mezuzot** and Tefillin and correct any flaws in these spiritual safeguards.
- Hear the **sounding of the shofar** (ram's horn), a call to self-improvement, each day of Elul (besides Shabbat).
- Spend some quiet time each day taking **personal inventory**, concluding with concrete plans for change.
- Join a **Torah study** group and add more Mitzvot—like Mezuzah, Tefillin, Shabbat candles and charity.
- During the last week of Elul, a series of special **penitential prayers** (*se-lichot*) are recited in the early morning.
- On the morning before Rosh Hashanah, **annul certain vows** made in the past year (*Hatarat Nedarim*), rather than enter the Day of Judgment with unfulfilled vows.



the new year

ROSH HASHANAH

MONDAY-TUESDAY,
SEPTEMBER 29-OCTOBER 1, 2019

Rosh Hashanah, (Hebrew for “Head of the Year”), is the beginning of the Jewish year. Specifically, it is the anniversary of the creation of Adam and Eve, which highlights the special relationship between G-d and humanity: G-d not only wants a world with people in it, He wants an intimate relationship with each of us.

We express this deep connection by recognizing G-d as the literal and constant Master of the Universe and ourselves as His cherished creations. We also adopt a positive attitude for the year ahead, confident that G-d wants the best for us and will grant us the power needed to succeed as His agents.

How do we get into the right frame of mind? Some of the customs and symbolism of Rosh Hashanah:

New Year Greeting

On the eve of Rosh Hashanah, we greet one another with *Leshana Tovah Tekatev Vitechatem* (to a woman: "...*Tekatevi Vitechatemi*"). **“May you be inscribed and sealed for a good year.”**

Apples & Honey

As on every Shabbat and holiday, we enjoy a festive meal on each night and day of Rosh Hashanah. On the first night, we begin the meal with a slice of apple dipped in honey, symbolically asking G-d for a sweet New Year. Before eating it we say the blessing on fruit (*Bore Pri Ha-etz*), and then: **May it be Your will to renew for us a good and sweet year.** (Hebrew: *Ye-hi ratzon mil-fanecha she-ti-chadash alei-nu shanah tovah u-m’tu-kah.*)



On the second night, we enjoy a “new fruit,” i.e., a seasonal fruit which we have not yet tasted since its season began—another symbol for a wonderful New Year. See box (on next page) for more symbolic foods to eat.

The Shofar

On each day of Rosh Hashanah we blow a series of sounds from a Shofar, a ram’s horn. The Shofar is the oldest and most primitive wind instrument. Its sound is simple and plaintive — **a cry from the heart**, like a lost child wailing for its parent. The call of the Shofar strikes the innermost chords of the soul as we coronate G-d as King of the Universe.

Tashlich—Cast Away

Before sunset on the first day of Rosh Hashanah, we visit a riverbank, lake, pond or any body of water containing live fish to

symbolically cast away our sins. At this ceremony called “*Tashlich*”, we recite a prayer that includes the words of the Prophet Micah: “... [G-d] will cast our transgressions into the depths of the sea”.

Kabbalah teaches that flowing water symbolizes kindness, while fish, which have no eyelids, remind us of G-d’s ever-watchful providence. We pray that He judges us with kindness and mercy at this time.

One who is unable to perform this ceremony on Rosh Hashanah may do so until the last day of Sukkot (Sunday, Oct. 20, 2019).

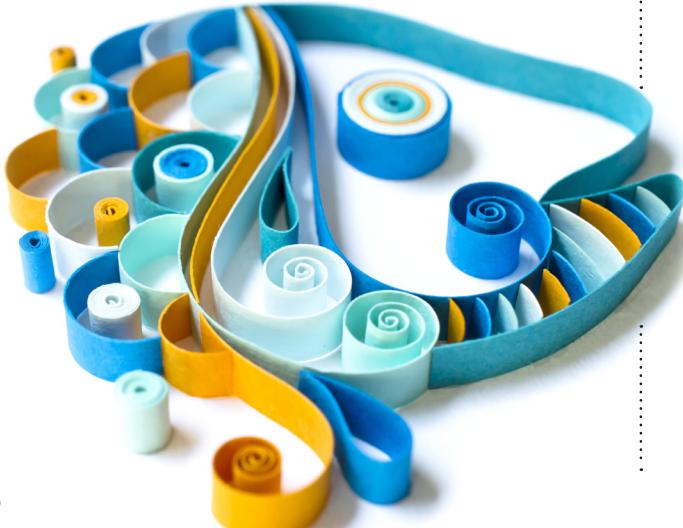
Ten Days of Teshuvah (*Return to G-d*)

During the *Ten Days of Teshuvah* (two days of Rosh Hashanah, one day of Yom Kippur and seven days between) we can spiritually correct the days of the past year by living in a spiritually sensitive way—on Monday for all the past Mondays, on Tuesday for the Tuesdays, etc. It’s **our annual chance to wipe the slate clean and start anew.** It is customary to give charity liberally on the weekdays of these 10 days, for charity is a great source of merit and serves as protection against harsh decrees.

SYMBOLIC FOODS

On the first night of Rosh Hashanah it is customary to eat several foods which symbolize the type of year we wish to have:

- A **pomegranate** is eaten, symbolizing our wish to have a year full of Mitzvot and good deeds as a pomegranate is filled with luscious seeds.
- A **head of a fish** is served, to symbolize our desire to be at the “head of the class” this year.
- Many have the custom of eating foods whose names allude to blessing and prosperity, such as **carrots** — *meren* in Yiddish — which means to multiply.



the Rosh Hashanah Guide

YOM KIPPUR

TUESDAY-WEDNESDAY,
OCTOBER 8-9, 2019

Perhaps some people see apologies as an admission of weakness or defeat, but they’re actually the opposite. An apology is a sign of strength and love. A sincere apology will repair an enduring relationship that has been temporarily sidetracked or derailed by superficialities. On Yom Kippur, the Day of Atonement, we come together as a community to each say “Sorry!” to G-d and to make amends—but happily, wholeheartedly confident in His loving response.

Yom Kippur is a 25-hour fast from sundown on Tuesday, Oct. 8, to nightfall on Wednesday, Oct. 9. We spend the day in the synagogue. We abstain from eating, drinking, washing or anointing the body, wearing leather shoes, and marital relations.

holiest of the year



The Eve of Yom Kippur*

KAPAROT The Kaparot service is done early in the morning before Yom Kippur, Tuesday, Oct. 8, 2019 with a live chicken (or alternatively with money or fish) which is then donated to charity.

FESTIVE MEALS It is a mitzvah to eat and drink on the eve of Yom Kippur. Two meals are eaten, one in the morning, and one just prior to the onset of Yom Kippur. One should eat only light foods (such as plain cooked chicken and chicken soup) at the second meal.

LEKACH It is customary to ask for and receive *Lekach* (sweet cake).

MIKVAH It is customary for all men (in certain communities, women as well) to immerse in a Mikvah (ritual pool) on this day, in order to be ritually pure for the holiest day of the year.

LASHES Before the Afternoon Service, it is customary for all men to receive symbolic "lashes" as a humbling reminder to repent.

TZEDAKAH It is customary to give charity generously on the day before Yom Kippur.

BLESSING THE CHILDREN Immediately before the fast begins, it is customary for parents to bless their children.

Yom Kippur Day

PRAYER On Yom Kippur, the day when we are likened to angels, many have a custom to wear white clothing while praying. Wearing white reminds us of our mortality and urges us to repent. There are many prayer services throughout Yom Kippur. If you can't make them all, join us for the first Yom Kippur service, the Kol Nidrei prayer that opens the first night service.

We come
together as a
community to
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YIZKOR MEMORIAL SERVICE We remember the departed, with the special *Yizkor* memorial service. *Yizkor* is more than a service of remembrance, rather it is a time for us to connect with the souls of our loved ones on a deeper level; tradition has it that during the *Yizkor* service, the souls of the departed descend from heaven and are joined with those who are close to them.

THE CONCLUSION Yom Kippur concludes with the *Neilah* (closing) prayer followed by a shofar blast and *Maariv* evening services. After services, we recite the *Havdalah* service that marks Yom Kippur's end. We then break our fast.

* Learn more @ chabad.org/eyk

a time to rejoice

Doesn't it feel great? It's right after Yom Kippur, and you're still on a spiritual high. Now bring it down to earth—right to your backyard, as a matter of fact.

THE HOLIDAY OF SUKKOT

SUNDAY, OCTOBER 13 - SUNDAY, OCTOBER 20, 2019

It's easy to feel spiritual after spending all day fasting and praying in a synagogue. Sukkot is about incorporating that energy into your ordinary life.

Sukkot is a seven-day holiday, soon after Yom Kippur, that commemorates G-d's protection of our ancestors after our exodus from Egypt.

Sukkot means "huts", the Torah-mandated outdoor shelters we live in during the holiday. The sukkah (singular) surrounds us on all sides, symbolizing faith in G-d's all-around protection and care—not only in the spiritual life of the synagogue, but in our real life in the real world. Eating all our meals in the sukkah is representative of real life—with nothing but G-d Himself covering our every ordinary move.

About Sukkot

Sukkot is observed by doing in your sukkah pretty much everything you do in your house: eating, learning Torah, and just hanging out.

A kosher sukkah is simple: some wind-blocking walls and a natural-vegetation roof that leaves more shade than sun, and you're set. Not sure how to build one? Just surf the Web. There's no shortage of affordable, easy-to-build sukkahs available in all sizes—even tiny portable ones for travel.

For seven days and nights, we eat all our meals in the sukkah. Each time you begin a meal in the sukkah, we say a special blessing (see blessing on the right).

During the holiday of Sukkot, we also do the special mitzvah of lulav and etrog each day of Sukkot, except for Shabbat. See facing page for instructions.

HOSHANA RABBAH

SUNDAY, OCTOBER 20, 2019

At the beginning of this month (on Rosh Hashanah and Yom Kippur), all the world's inhabitants pass in individual review before G-d. During the Festival of Sukkot, the entire world is judged concerning water, fruit, and produce. The seventh day of the Festival, Hoshana Rabbah, is the day on which this judgment is sealed. Because human life depends on water and all depends upon the final decision, Hoshana Rabbah is invested with a weightiness similar to Yom Kippur and is marked by profuse prayer and repentance.

BLESSING

WHEN EATING IN THE SUKKAH:

**ברוך אתה ה', אֱלֹהינוּ מֶלֶךְ הָעוֹלָם,
אשר קִרְשָׁנוּ בְמַצּוֹתִים, וְצָנוּנוּ לִישֵׁב בְּסֻקָּה.**

*Baruch Atah Ado-nai Elo-hay-nu Melech Ha-olam Asher Ki-de-sha-nu Be-mitz-vo-tav
Ve-tzi-vanu Lei-shev Ba-sukkah.*

Blessed are You, L-rd our G-d, King of the Universe, who has sanctified us with His commandments, and commanded us to dwell in the Sukkah.

the four species

What do a bunch of leaves and an obscure fruit have to do with spiritual meaning? Everything!

The special Sukkot mitzvah of the Arba Minim — Four Species —the lulav, etrog, hadasim, and aravot — is a very special one and symbolic of unity and harmony.

THE LULAV (PALM BRANCH)

is from a date-palm tree with great taste but no smell. This symbolizes the committed scholar—the person with vast knowledge but little “sweat equity” in mitzvot.

THE ETROG (CITRON)

tastes and smells wonderful. This symbolizes the achiever—the person whose great Torah scholarship is matched by high mitzvah activity.

THE HADASIM (MYRTLE TWIGS)

which have a good smell but no taste, symbolize the doer—the person with a lot of mitzvot but no serious learning.

THE ARAVOT (WILLOW BRANCHES)

have neither taste nor smell, symbolizing the nondescript —the person who lives the plainest life.



How to do the Lulav Shake

1. Take the lulav wrapped with three myrtle twigs and two willow branches and hold those in your right hand.
2. Say the blessing (see right column).
3. Pick up the etrog (stem down) in your left hand.
4. First time using the Arba Minim this Sukkot? Say the blessing for new things — blessing number 5 on page 11.
5. Hold the Lulav and Etrog together and while facing east move/shake them three times in each direction (right-south, left-north, forward-east, upward, downward, back-west)

BLESSING

WHEN SHAKING THE LULAV:

ברוך אתה ה' א-לקיינו מלך העולם,
אשר קדשנו במצוותיו,
ונזנו על גבירתנו לורב.

Baruch Atah Ado-noi
Elo-hay-nu Melech Haolam
Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu
Al Ne-ti-lat Lulav.

Blessed are You, L-rd our G-d,
King of the Universe, who has sanctified us
with His commandments and
commanded us regarding taking the Lulav.

the grand finale

"On the eighth ["Shemini"] day,
an assembly ["Atzeret"] shall be
[held] for you..." —Numbers 29:35



SHEMINI ATZERET

MONDAY, OCTOBER 21, 2019

Parting is such sweet sorrow. That's why, after seven great days, G-d gives us one more day in His presence.

Shemini Atzeret is an extra day tacked on to the end of Sukkot, allowing us to soak up those spiritual feelings in our sukkahs and stock up for the year ahead of us. And if that doesn't get you high enough, dancing with the Torah will. Because after you've brought the loftiness of Rosh Hashanah and Yom Kippur down to earth with Sukkot, you embrace the guide that'll steer you true in your life ahead: the Torah.

Shemini Atzeret is marked by holiday services and a festive meal at home. We eat in the sukkah on Shemini Atzeret, but without reciting the traditional blessing. It is our custom to dance with the Torah on Shemini Atzeret just as we will do on Simchat Torah.

Yizkor Memorial Service

On Shemini Azteret during the morning Services we recite once again the Yizkor memorial service for departed family members.

SIMCHATTORAH

TUESDAY, OCTOBER 22, 2019

On Simchat Torah (the holiday of rejoicing with the Torah), we don't only study the Torah—we celebrate it. We hold it, hug it, dance and sing with it. After all, G-d's manual for life is the greatest thing a Jew could possibly celebrate.

We read the last portion of the Torah. Since Torah study never ends, we also begin reading from the scroll's very beginning. This is to show that the Torah is beloved to us, and we are eager for a new cycle to commence.

The celebration is marked on Simchat Torah night and the following day with exuberant, boisterous dancing in the synagogue while holding the Torah scrolls. The dancing circles the synagogue's bimah (Torah-reading platform) seven times, while spirited Jewish songs are sung.



holiday calendar



ROSH HASHANAH

Sunday, Sept. 29, 2019

Light Candles at 6:51 pm

Say Blessings 1 & 5

Evening Services: 6:45 pm

Followed by Apple & Honey Dipping Bar

Monday, Sept. 30, 2019

Morning Services: 9:30 am

Sermon & Shofar Sounding: 11:55 am

Festive Kiddush Luncheon: 1:45 pm

Tashlich Waterside Service: 3:00 pm

Evening Services: 7:00 pm

Light Candles* after 7:43 pm

Say Blessings 1 & 5

Tuesday, Oct. 1, 2019

Morning Services: 9:30 am

Sermon & Shofar Sounding: 11:45 am

Festive Kiddush Luncheon: 1:30 pm

Holiday Ends at 7:41 pm

FAST OF GEDALYA

Wednesday, Oct. 2, 2019

Fast Begins: 6:01 am

Morning Services: 7:30 am

Fast Ends at 7:30 pm

Learn more @JewishGardens.com/TzomGedaliah

SHABBAT SHUVA

Friday, Oct. 4, 2019

Light Shabbat Candles at 6:46 pm

Say Blessing 3

Evening Services: 6:15 pm

Saturday, Oct. 5, 2019

Morning Services: 9:30 am

Kiddush Luncheon: 12:15 pm

Shabbat Ends at 7:37 pm

YOM KIPPUR

Tuesday, Oct. 8, 2019

Light Candles at 6:42 pm

Say Blessings 2 & 5

Fast Begins at 6:42 pm

Kol Nidrei Services: 6:40 pm

Sermon: 8:30 pm

Wednesday, Oct. 9, 2019

Morning Services: 9:30 am

Sermon & Yizkor Memorial Service:

12:00pm

Afternoon Service: 5:00 pm

Neilah Closing Service: 6:15 pm

Fast Ends at 7:33 pm

Followed by festive break the fast spread

SHABBAT

Friday, Oct. 11, 2019

Light Shabbat Candles at 6:38 pm

Say Blessing 3

Evening Services: 6:15 pm

Saturday, Oct. 12, 2019

Morning Services: 9:30 am

Kiddush Luncheon: 12:15 pm

Shabbat Ends at 7:30 pm

SUKKOT

To purchase Sukkah or a Lulav and Etrog set, please call 561.624.2223

Sunday, Oct. 13, 2019

Light Candles at 6:36 pm

Say Blessings 4 & 5

Evening Services: 6:15 pm

Monday, Oct. 14, 2019

Morning Services: 9:30 am

Followed by Kiddush in the Sukkah

Evening Services: 7:00 pm

Light Candles* after 7:28 pm

Say Blessings 4 & 5

Tuesday, Oct. 15, 2019

Morning Services: 9:30 am

Followed by Kiddush in the Sukkah

Holiday Ends at 7:27 pm

Shabbat Chol Hamoed

Friday, Oct. 18, 2019

Light Shabbat Candles at 6:31 pm

Say Blessing 3

Evening Services: 6:15 pm

Saturday, Oct. 19, 2019

Morning Services: 9:30 am

Followed by Kiddush Luncheon

Shabbat Ends at 7:23 pm

Hoshana Rabbah

Sunday, Oct. 20 2019

Morning Services: 9:00 am

SHEMINI ATZERET

& SIMCHAT TORAH

Sunday, Oct. 20, 2019

Light Candles at 6:30 pm

Say Blessings 4 & 5

Evening Services: 5:30 pm

Young Families Simchat Torah

Celebration & Dinner

Monday, Oct. 21, 2019

Morning Services: 9:30 am

Sermon & Yizkor Memorial Service:

11:00 am

Followed by Final Kiddush in the Sukkah

Evening Services: 6:30 pm

Followed by Kiddush & Hakafot Torah

Dancing Celebration

Light Candles* after 7:22 pm

Say Blessings 4 & 5

Tuesday, Oct. 22, 2019

Morning Services: 9:30 am

Followed by Breakfast Kiddush &

Hakafot Torah Celebration

Holiday Ends at 7:21 pm

Note: Candle lighting times are for Palm Beach Gardens, FL only. For other areas, visit JewishGardens.com/times.

* Light only from a pre-existing flame.

BLESSINGS

BLESSING #1

ברוך אתה ה' א-לקיינו מלך העולם,
אשר קדשנו במצוותיו וצונו לדורותיך
נור של יום הזברון.

Baruch Atah Ado-noi Elo-hay-nu
Melech Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu Le-had-lik
Ner Shel Yom Ha-zi-ka-ron.

BLESSING #2

ברוך אתה ה' א-לקיינו מלך העולם,
אשר קדשנו במצוותיו וצונו לדורותיך
נור של יום הבפרים.

Baruch Atah Ado-noi Elo-hay-nu
Melech Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu Le-had-lik Ner
Shel Yom Ha-ki-pu-rim.

BLESSING #3

ברוך אתה ה' א-לקיינו מלך העולם,
אשר קדשנו במצוותיו וצונו לדורותיך
נור של שבת קדש.

Baruch Atah Ado-noi Elo-hay-nu
Melech Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu Le-had-lik
Ner Shel Shabbat Kodesh.

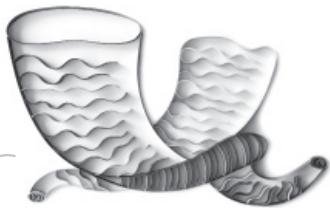
BLESSING #4

ברוך אתה ה' א-לקיינו מלך העולם,
אשר קדשנו במצוותיו וצונו לדורותיך
נור של יום טוב.

Baruch Atah Ado-noi Elo-hay-nu
Melech Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu Le-had-lik
Ner Shel Yom Tov.

BLESSING #5

ברוך אתה ה' א-לקיינו מלך העולם,
שהחיינו וקמינו והגיענו ליום זהה.
Baruch Atah Ado-noi Elo-hay-nu Melech
Ha-olam She-heh-chi-yah-nu Ve-ki-ye-
mahnu Ve-hi-gi-ahnu Liz-man Ha-zeh.



Join Chabad of Palm Beach Gardens

high holiday services

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Nobody will be turned away | Space is Limited

For a full schedule of services and
programs please see page 11.

For more info and reservations:

Call: 561.624.2223

E-mail: Office@JewishGardens.com

Web: JewishGardens.com

ROSH HASHANAH BEGINS:

Sunday, Sept. 29, 2019

YOM KIPPUR BEGINS:

Tuesday, Oct. 8, 2019

The service is geared to make you feel
at home, even if you don't read Hebrew

English Explanatory Service led by

Rabbi Dovid Vigler

Services led by

Cantor Leibel Krinsky

Community Sukkah BBQ

Wednesday, Oct 16 @ 5:30pm

Music | L'Chaims | Lulav & Etrog Shake | Kids Activities

Simchat Torah Canapes & Cocktails

Monday, Oct. 21 at @ 6:30pm

Dancing with the Torahs, Open Bar & Festive Food

At Chabad of Palm Beach Gardens | Events Complimentary & Open to All

RSVP Essential: 561.624.2223 or JewishGardens.com/RSVP

Schmooze Radio

Listen as Rabbi Dovid Vigler and Co-Host Mitch Zachary lift your spirit with teachings and discussions that guide Jewish Life. The Sunday Schmooze now features Rebbetzin Chana Vigler as a special guest. Listen every Sunday as we feature Rabbis from around the world, politicians, celebrities, and more.

Sunday: 9AM-10AM True Oldies 960AM, 95.9FM, 106.9FM - 3-3:30PM WJNO 1290AM

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